

### [April 2011 Newsletter](#)

1. Cross-cultural exchange on Trauma Recovery and Mindfulness with Tibetans: *Dukar Project*
2. Audio excerpts from my World Bank presentation on working cross-culturally and ethically

### [November 2010 Newsletter](#)

1. Healing the Trauma of Islamophobia and Cultural Scapegoating
2. My Workshops and Teleconferences on Mitigating anti-Muslim Backlash

### [May 2010 Newsletter](#)

1. My brother Dr. Koonj Shah serving in Haiti as a physician volunteer
2. Audio excerpts from my presentation "Cultural Sensitivity in Disaster Response"

### [February 2010 Newsletter](#)

1. Audio demonstration on pronouncing the word "Avatar" and its meaning
2. My albums teaching the pronunciation of yoga postures and Yoga Sutra verses

### [December 2009 Newsletter](#)

1. Federal contract: *Work with Civilian Response Corps*
2. Video: *Difference between Burnout and Vicarious Trauma*
3. NPR interview: *Trauma and its Effect on Special Populations*

### [March 2009 Newsletter](#)

1. Effect of Nov 2008 Mumbai Terror Attacks
2. My Programs in Mumbai for Trauma Recovery and Resiliency

### [December 2008 Newsletter](#)

1. Introducing Greenleaf Integrative Strategies
2. My Albums available on iTUNES and Amazon